

School _____

Teacher _____

Area 3 Special Olympics Track and Field Data Sheet

TO REGISTER: Complete 1 data entry form for each athlete. Please measure times and distances accurately to ensure that each athlete is seeded correctly. ***Must be in meters! (NO LATE Registration)***

Fax registrations by April 17, 2009 to:

866-542-1860

Athlete's Name _____

Sex _____

Date of Birth _____ Date of Medical _____ Date of Release _____

<u>EVENT</u>	<u>NOTES</u>	<u>TRACK TIMES</u>	<u>FIELD MEASUREMENTS</u>
25 meter manual wheelchair race	Only manual w/c allowed. Athlete must do this event independently.	____ minutes ____ seconds ____ minutes ____ seconds	
25 meter motorized wheelchair race	Only motorized w/c allowed. Athlete must do this event independently.	____ minutes ____ seconds ____ minutes ____ seconds	
10 meter assisted walk	Athlete may use assistive devices. Athlete may not receive assistance from a person.	____ minutes ____ seconds ____ minutes ____ seconds	
50 meter assisted walk	Athlete may use assistive devices. Athlete may not receive assistance from a person.	____ minutes ____ seconds ____ minutes ____ seconds	
50 meter dash	Athlete must be able to run (not walk) 50 meters without assistance.	____ seconds ____ seconds	
100 meter dash	Athlete must be able to run (not walk) 100 meters without assistance.	____ seconds ____ seconds	
200 meter dash	Athlete must be able to run (not walk) 200 meters without assistance.	____ seconds ____ seconds	
1500 meter run	<i>Please see and complete the 1500 meter run form.</i>	<i>See 1500 meter run form</i>	
Softball throw	Athlete must have the strength to throw a softball 3 times without assistance.		____ meters ____ meters
Wheelchair Tennis ball throw **	Same rules as softball throw. This event is for lower ability athletes who cannot throw a softball.		____ meters ____ meters
Standing long jump	Athlete must be able to jump 3 times without assistance.		____ meters ____ meters

** Athlete must be in a wheelchair to participate in this event.

Updated 08/27/2008