

# TRACK AND FIELD

## April 25, 2008

Arrival 8:45-9:15 a.m.  
Opening Ceremonies 9:25 a.m.

- ❖ Complete data entry form and one data entry form per athlete
- ❖ Remember-Times and measurements must be accurate for athletes to be seeded correctly. **MUST BE IN METERS!!**
- ❖ Please have any volunteer groups who desire to help from your school contact Volunteer Coordinator to register
- ❖ Deadline for **registration, physicals & releases** – **April 11, 2008 - NO LATE ENTRIES** will be accepted
- ❖ Encourage athletes to wear Special Olympics t-shirts
- ❖ Bring banners and signs to display at competition
- ❖ Be sure to have your ENTIRE group (athletes, teachers, and other helpers) bring lunch – drinks will be provided
- ❖ Remember-FOOD WILL NOT be provided for any school groups, athletes, or volunteers
- ❖ Wear nametags-coaches, athletes, and volunteers
- ❖ **REMINDER: Tennis Ball throw is for wheelchair athletes only!**

For rules: [www.specialolympics.org](http://www.specialolympics.org) click sports and athletics

**BE SURE TO BRING YOUR CLASS  
NOTEBOOK TO ALL COMPETITIONS**